

The background features a dark blue gradient with faint, light blue circular patterns and a scale. The scale is a semi-circular arc on the left side, with numerical markings from 150 to 260 in increments of 10. There are also several circular arrows and dashed lines scattered across the background, suggesting a technical or scientific theme.

Safe and Supportive Schools

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Trauma-Informed Care



TRAUMA IS NOT THE EVENT.

TRAUMA IS THE RESPONSE.

**EACH INDIVIDUAL RESPONSE TO CHRONIC
OR ACUTE STRESS DETERMINES THE LEVEL
OF TRAUMATIC IMPACT.**

STOP ASKING: What is wrong with this student?

AND START ASKING: What has happened to this student?

TAKEAWAYS

- 1. Robust list of digital and traditional resources to use with your students.
 - <http://bit.ly/trauma-informed-education>
- 2. Collection of strategies to both recognize and respond to students who have experienced significant trauma.
- 3. Vision of what your school looks like when it is trauma-informed.

ADVERSE CHILDHOOD EXPERIENCES:

- ABUSE
- NEGLECT
- DYSFUNCTION (Family)

THE TRUTH ABOUT ACEs

WHAT ARE THEY?

ACEs *are*
ADVERSE CHILDHOOD EXPERIENCES

HOW PREVALENT ARE ACEs?

The ACE study revealed the following estimates:*

Category	Sub-category	Prevalence
ABUSE	Physical Abuse	25.2%
	Sexual Abuse	10.1%
	Emotional Abuse	10.0%
NEGLECT	Emotional Neglect	24.2%
	Physical Neglect	3.2%
HOUSEHOLD DYSFUNCTION	Household Substance Abuse	20.4%
	Parental Divorce	17.5%
	Household Mental Illness	13.4%
	Mother Involvement/Child Abuse	10.2%
	Interparental Conflict/Blame	10.7%

*percentage of study participants that experienced a specific ACE

BY 17,000 ACE study participants:

- 35% have experienced 0 ACEs
- 29% 1 ACEs
- 27% 2 ACEs
- 14% 3 ACEs
- 10% 4+ ACEs
- 67% have at least 1 ACE

WHAT IMPACT DO ACEs HAVE?

As the number of ACEs increases, so does the risk for negative health outcomes

RISK

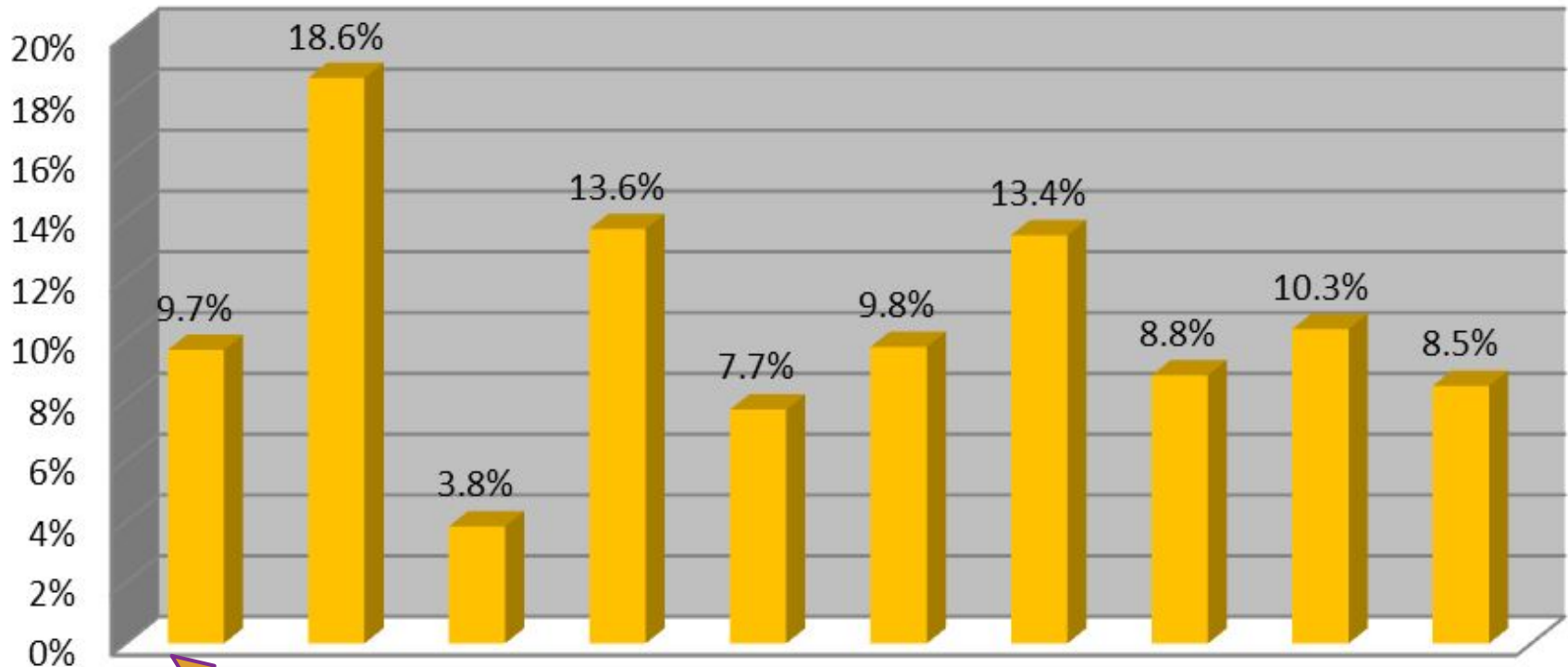
0 ACEs 1 ACE 2 ACEs 3 ACEs 4+ ACEs

Possible Risk Outcomes:

BEHAVIOR				
Alcohol Use Disorder	Smoking	Binge Drinking	Drug Use	Misadventure
PHYSICAL & MENTAL HEALTH				
Lower Health Status	Diabetes	Depression	Stroke	Chronic Diseases
Heart Disease	Cancer	Stroke	COPD	Sexual Abuse

ACE'S REPORTED BY KINDERGARTEN PARENTS AT SCREENING:

Two or More Trauma



WAYNE COUNTY SCHOOL DISTRICTS

K READY SURVEY- Wayne County 2016
554 out of 1007 Kindergarten Students

10% Wayne Co. Avg

CHILDHOOD TRAUMA

Evalumetrics Youth Survey - 2017	2017	ACE 2 or less	ACE>2	Ratio
Used Alcohol in Past 30 Days	20.6%	15.3%	31.5%	2.1
Smoked Cigarettes in Past 30 Days	6.6%	4.1%	12.4%	3.0
Smoked Marijuana in Past 30 Days	15.5%	10.6%	26.4%	2.5
Used Any Other Drug in Past 30 Days	2.0%	1.1%	4.2%	4.0
Felt Sad/Depressed	41.2%	29.0%	68.1%	2.3
Self-injury	17.7%	13.2%	42.0%	3.2
Planned Suicide	10.4%	4.7%	25.3%	5.3

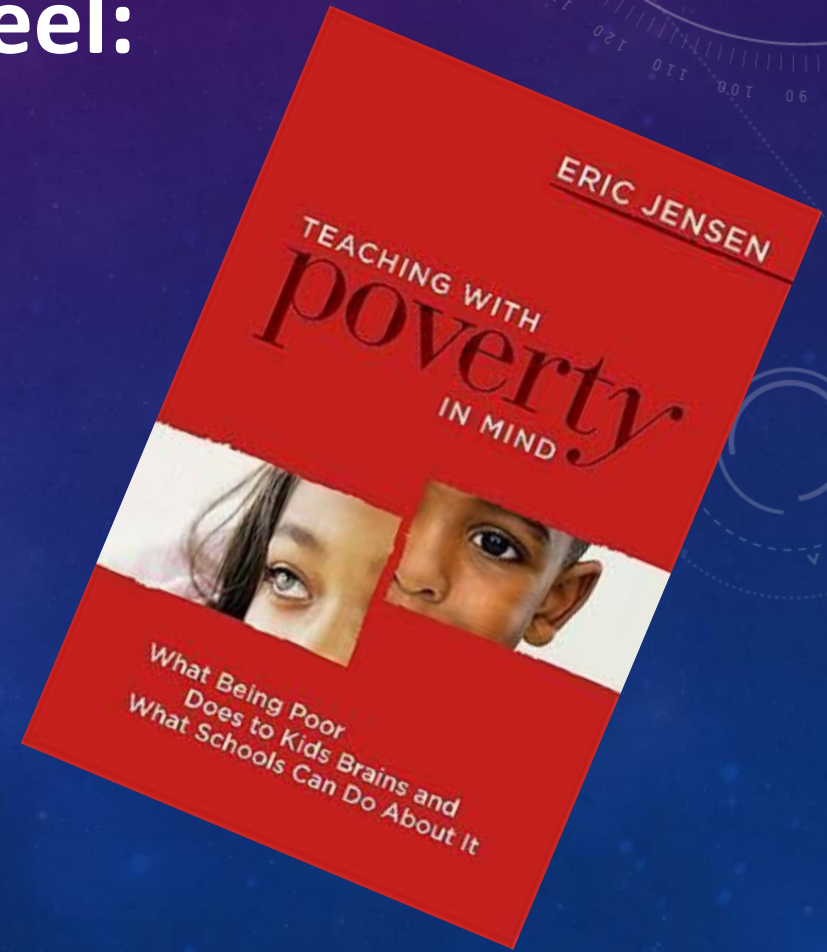
POVERTY ASIDE

You can be poor and feel:

-Safe

-Loved

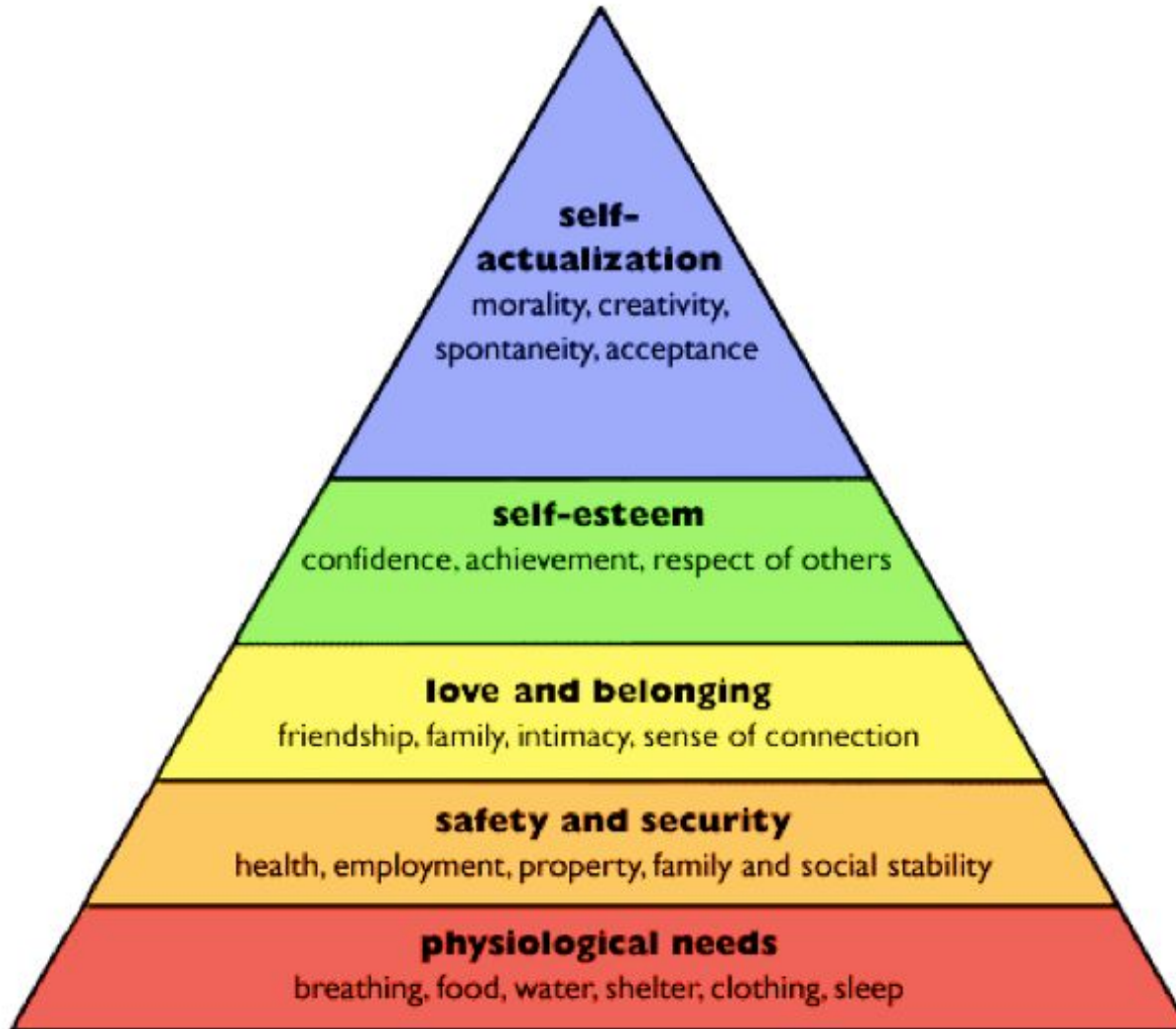
-Proud



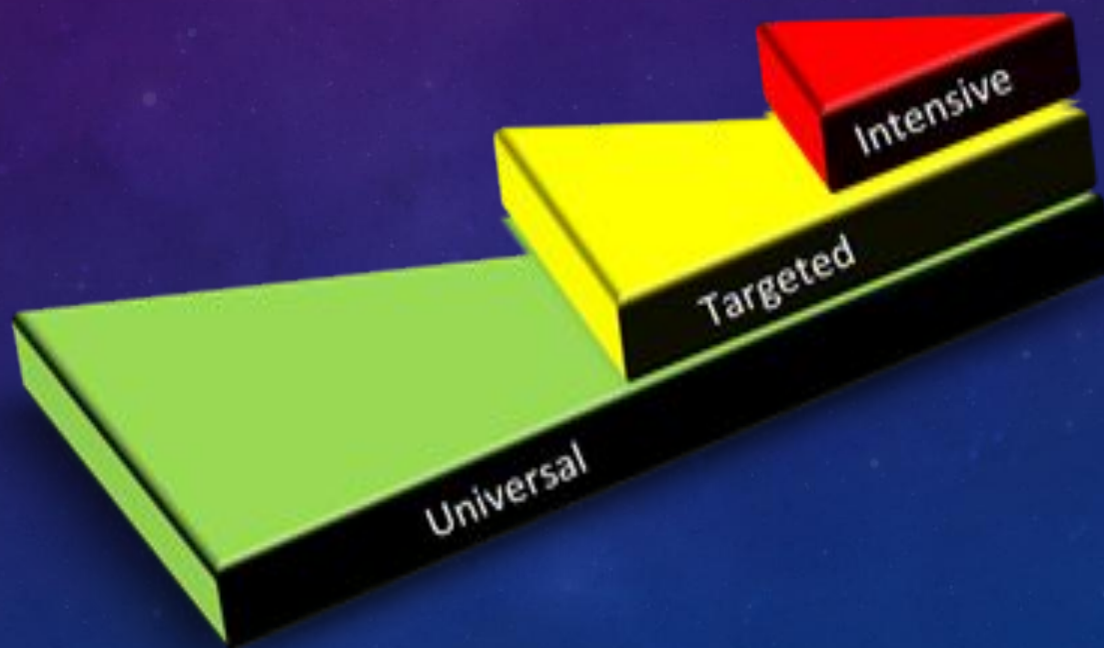
POVERTY & TRAUMA

RISK FACTOR/BEHAVIOR	ACE 2 OR MORE	FOOD INSECURE	BOTH
ANTI-SOCIAL BEHAVIOR	4.1X	1.4X	4.2X
FAVORABLE ATTITUDES TOWARDS DRUG USE	5.1X	3.2X	3.1X
FRIENDS USE DRUGS	7.8X	5.9X	58.8X
LACK ATTACHMENT TO FAMILY	3.4X	3.4X	5.3X
Plan Suicide	6.6X	3.7X	9.8X
Alcohol Use	4.8X	3.6X	8.0X
Marijuana Use	4.3X	3.6X	8.0X
Other Drugs (Opioids, Cocaine etc)	4.8X	11.6X	8.8X

The WEY?



TIERED INTERVENTION



A FRAMEWORK TO HELP

ATTACHMENT

**REGULATION
(SELF)**

COMPETENCY



WHAT IS A TRAUMA-SENSITIVE SCHOOL?

- A school where all students feel safe, welcomed, and supported
- Where addressing trauma's impact on learning on a school-wide basis is at the center of its educational mission



Helping Traumatized
Children Learn

New Updated Version
August 2017

Why We Need Trauma-Sensitive Schools

Discussion Questions 1 & 2

- Think, Pair, Share (1s and 2s, 3s and 4s)
- What are your initial thoughts after watching the video?
- What is your understanding of trauma-sensitive schools?

Discussion Questions 3 & 4

- 1s and 4s, 2s and 3s
- AP George Donovan talks about establishing a “culture of awareness”.
- How might you go about establishing a “culture of awareness” in your school/district?

Discussion Questions 5 & 6

- 1s and 3s, 2s and 4s
- June Saba-McGuire, Director of Learning and Teaching, says “helping adults understand that they have the most powerful influence on student behavior” is a result of this work.
- How might this understanding lead to a shift in the way educators think about student behavior?
- What might be the results of this shift?

REFLECTION

- Personal Reflection, then Whole group
- What insights or new knowledge did you gain from this video and discussion?
- How might you use this knowledge in your own work?
- How might your school use this knowledge?

ADAPT, NOT ADDITIONAL



- IN SCHOOLS, MUCH OF WHAT IS ALREADY DONE CAN BE Integrated INTO A TRAUMA INFORMED APPROACH!!
- DON'T THINK "MORE"—THINK "ADAPT CURRENT PRACTICE"

THANK YOU!

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- <http://bit.ly/trauma-informed-education>